



### **PARENT GOVERNORS**

#### **3 vacancies for parents on the governing body**

*The governors of a school are a group of people who help the school be as good as it can be. Parents are also a part of the governing body as you, the parents, have a particular interest in the school doing well. The governing body meets 3 times a year to discuss how well the school is doing. There are also 3 additional meetings a year to look at the finance of the school or the curriculum.*

*Parents normally serve up to 4 years as a governor. As current governors are now at the end of their service, we are looking for parents who would like to support the school in this way.*

*For more information, please contact myself at the school gate. I am holding a meeting on **TUESDAY 5<sup>th</sup> MARCH at 9.00am** for any parent who is interested to learn more. Please wait in the main reception.*

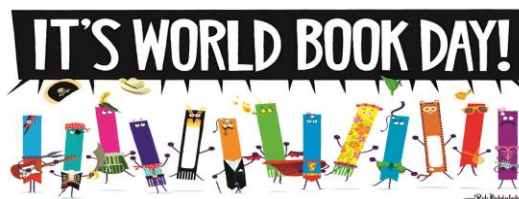
*Have a good weekend!*

**Mr. Brown**

### **WORLD BOOK DAY**

We will be celebrating **World Book Day** at Old Oak on **Thursday 7th March**. This year we will not be asking for donations, but if your child would like to dress up as their favourite book character and share their favourite book with their class, they are very welcome to do so!

Some classes will be visiting Shepherd's Bush Library around this time and all classes will be celebrating and recognising the importance of reading. Please take the time to talk to your child about the books that they read. This week is a great opportunity to listen and read with your child. We will be handing out £1 book tokens on the day. To find out more information about how and where to redeem your tokens, please visit the World Book Day website.



### **E-SAFETY ALERT**

Please be careful with your children and the **MoMo** figures which can appear on the internet while your child is watching a video or clip on Youtube. This is a nasty, unpleasant thing which will scare your child. A few children have spoken about this at school and this is not appropriate.

### **OVERCOMING YOUR CHILD'S WORRIES AND ANXIETIES- PARENT GROUP**

## Thursdays 2:00 – 3:20pm

This group will offer you a **safe and confidential space** to **share your experiences about your child's worries and anxieties** and learn new ways to support your child.

The group will run for **4 weeks** and will cover the following:

- **Understanding your child's worries and anxieties (7<sup>th</sup> March)**
- **Challenging your child's anxious thoughts and worries (14<sup>th</sup> March)**
- **Ideas to help build your child's confidence and independence (21<sup>st</sup> March)**
- **Ways to help your child to test out their fears (28<sup>th</sup> March)**

In the first session, we will think about some goals for your child and we will track these each week.

**PLEASE LET MISS JUDE OR YOUR CLASSTEACHER KNOW IF YOU WOULD LIKE TO ATTEND**

Come and join other parents in a relaxed environment to share your experiences and learn new ideas to support your child!

## WALKING TO SCHOOL CAREFULLY

Can we remind all parents that the roads around the school can be dangerous and you need to look after your child at all times as you walk to and from school.

## ALL YEAR 6 PARENTS

**Phoenix Academy** will be running open mornings on 6<sup>th</sup>, 8<sup>th</sup>, 13<sup>th</sup> and 15<sup>th</sup> March between 09:30-11:30, for Year 6 students and their parents/carers. This is a chance to visit the school and to see what Phoenix Academy can do for your child at secondary school. Phoenix was last year among the most improved schools in the country.

Copies of Phoenix Academy's most recent newsletter in our main reception.

## REMINDERS

- **PLEASE DO NOT BRING IN NUTS TO SCHOOL. WE HAVE CHILDREN AND ADULTS WITH ALLERGIES TO THEM.**
- **TIMES TABLES ROCKSTARS** - To help our children develop their confidence in times tables go to <https://ttrockstars.com/>
- **LEGO AT HOME ? YOU DO NOT USE IT ? THEN BRING IT INTO SCHOOL**
- **SCHOOL UNIFORM**- available in the school shop



- **SCHOOL LUNCHES** – all school lunches must be paid for before your child eats. We cannot support children who choose to eat school lunches on certain days because they like the food.
- **TWITTER! SIGN UP TODAY!** You can download the app free today, and search @Old\_oakprimary.
- **TRIPS WILL NOW BE PAID FOR VIA PARENT PAY.** Ask at the office for more details

#### **DATES FOR THE DIARY**

**Monday 4<sup>th</sup> March** – Choir have a practice for Convo at the Lyric theatre

**Tuesday 5<sup>th</sup> March** – Children working with students from Imperial College

**Wednesday 6<sup>th</sup> March** – Magnolia class visit the library

**Thursday 7<sup>th</sup> March** – World Book Day

**Thursday 7<sup>th</sup> March** - **Convo** performance in the Royal Albert Hall at 7.00pm