



Old Oak Primary School Newsletter 20th September 2019

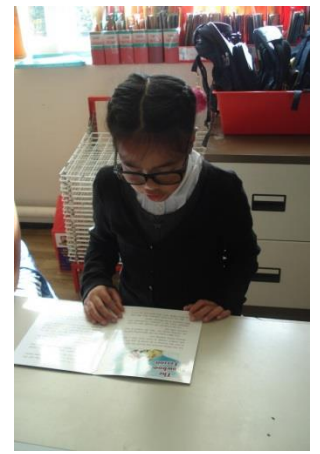
As a school, we are interested in the food that children eat as this will help children to concentrate and get the most from their days. The school lunches are cooked to very strict nutritional standards and the kitchen makes sure that there is only a healthy level of salt, sugar and fats. Packed lunches should be the same in trying to ensure that the meal is balanced. There are lots of ideas for packed lunches available and the website below if particularly good.

<https://www.bbcgoodfood.com/howto/guide/school-packed-lunch-inspiration>

Can I remind you that juice is not allowed with packed lunches and we have free water available for all the children to drink if you do not want your child to bring a water bottle from home.

I had the chance on Wednesday afternoon to walk around the school and enjoy the different activities taking place:





I saw a whole range of different activities, all at around 2.00pm, which the children were enjoying. Old Oak has always valued the broad curriculum and all these activities show what a busy place the school is during the school day.

Can I also let you know that Miss Jude got married over the summer and is now Mrs. Brandt.

Have a good weekend and remember the PTA coffee morning next Friday!

Mr. Brown

DRESSING UP CLOTHES

We always try to make the playtimes fun and encourage cooperative play. To this end, we ask that you bring in any old dressing up clothes that may be lying around at home. The children love to dress up and the more clothes we have the better. Please leave them in the front reception.

AFTER SCHOOL CLUBS AT OLD OAK

HiFive, our after school club partners, are working on a Performing Arts club and they have a tryout this Tuesday after school. Come along and see if your child has talent in

singing, dancing and drama! It begins at 4.30pm on Tuesday 24th September and finishes at 6.00pm.

DATES FOR THE DIARY

Monday 23rd September – Multisports Years 5 and 6 (3.15-4.15pm)

Tuesday 24th September – Boys Football Team – practice (3.15-4.15pm)

Tuesday 24th September – Gymnastics Club (3.15-4.15pm)

Tuesday 24th September – Performing Arts tryout – (4.30-6.00pm)

Wednesday 25th September – Girls Football Team – practice – (3.15-4.15pm)

Thursday 26th September – Multisports Years 1 and 2 (3.15-4.15pm)

Friday 27th September –PTA Coffee morning for Macmillan at 9.00am in the lower hall

Friday 27th September – Multisports Years 3 and 4 (3.15-4.15pm)

Friday 27th September – Drumming Club Years 5 and 6 (3.15-4.15pm)