



Our Day

8:30am	Greeting saying hello to our work family and friends Washing our hands Dry brushing Circle time- (<i>hello song/yoga time/songs and movement</i>)
9:30am	Daily morning walk in our local environment
9:45am	Wash our hands Snack time/milk time (<i>making fruit smoothies/fruits</i>)
10:00am	Adult initiated activity Child initiated playing and exploring in the garden
10:30am	Nappy changing/toilet training
10:45am	Adult initiated activity based on children's interests
11:00am	Adult initiated activity to support sensory play
11:30am	Circle time- focusing on our emotions
12:00pm	Wash our hands Lunch time
12:30pm	Wash our hands Nappy changing/toilet training
12:45pm	Sleep time
1:45pm	Nappy changing/toilet training
2:30pm	Tummy/dancing time
3:00pm	Wash our hands Tea Time
3:30pm	Wash our hands Child initiated play
4:15pm	Child initiated playing and exploring to the garden
5:00pm	Story time
5:30pm	Home time

Fresh water will be provided throughout the day