Old Oak Primary School Suggested timetable Year 5 and 6

We have included a set of activities for you to complete. We have included some timings for the activities. The only activity that has a start time is Joe Wick’s PE slot which starts at 9:00 on YouTube.

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| Suggested timings | Subject | Suggested activities |
| 09.00 – 9.30 | PE –  (30 minutes) | Joe Wicks live stream warm up. On YouTube. |
| 15 mins | spelling focus (15 minutes) | Please see the spelling list on the website  Choose 5-10 words a week and learn using LOOK,COVER,WRITE,CHECK. You could also practise putting these words in a sentence. |
| 15-20  mins | Grammar Focus  (15 minutes) | Please see the grammar pack on the website  Complete two challenge cards a day |
| 15 mins | Word Games | Follow this link to see some word games you can play with  <https://www.topmarks.co.uk/english-games/7-11-years/spelling-and-grammar>  You can find any other site that you know.  Note: Some of the games need flash player which might be disabled if you are using Google Chrome. You can allow access in the settings section of Chrome. |
|  | Break | Having a break is important! |
| 30 mins | Reading focus | Let’s enjoy an audio book. David Walliams is releasing some free audio books to listen to.  <https://www.worldofdavidwalliams.com/?s=elevenses>  Audible are also offering hundreds of titles for pupils to listen to free.  <https://stories.audible.com/start-listen>  Oxford Owl are also offering age appropriate books online. You will need to register with them first.  <https://home.oxfordowl.co.uk/books/free-ebooks/>  Listen to an audio book or continue reading your own book |
| 30 mins | English | **Power of Reading Books**  Choose one story from the English pack on the website.  There is a short piece of writing or picture followed by four or five activities for you to complete. Do all of the activities over one week.  **Poetry Book**  Find a poem that you like. Write it out in your best handwriting and then draw a picture to go with it.  You might start with ‘On the Ning Nang Nong’  Or <https://www.familyfriendpoems.com/poems/children/>  has lots of great poems to look at. Complete at least one poem a week – you can do one a day if you want! |
| 20 mins | Mindfulness | Follow this link [hhtps://www. headspace.com](https://www.headspace.com)  You can try this for free for two weeks  Please see the mindfulness colouring pack (see useful links). You will need to print this resource. |
| 60mins  Max. | Maths  (60 minutes maximum) | This maths site is showing daily video lessons for all year groups and then some activities for pupils to complete.  We appreciate not all parents will be able to print the resource sheets but parents can talk through the activities sheets with their child or get them to complete on a piece of paper and then go through the answers together at a convenient time.  The answers are there for parents to refer to.  Start with the year group they are in. If this is too difficult select the year group before.  <https://whiterosemaths.com/homelearning/>  Complete the daily lesson  This site is also providing daily maths challenges/investigations for Year 1 to Year 6.  <http://www.iseemaths.com/home-lessons/> |
|  |  | Lunch – Time outside - if possible to get some fresh air. |
| 60 mins | **IPC- topic focus-**  Research and creativity focus | Go to your class page. Your teacher has set you some activities and tasks. |