



Students

Class name/year group:

Use this sheet to record the number of bike, walking, wheeling and scooter journeys (active journeys) and physical activities completed during Sustrans Big Pedal.

Active journeys

For children attending school, this is the journey **to** school (we don't count the journey home).

For children learning remotely, this is an active journey **from home** with a family member.

These active journeys will be recorded together according to the mode of transport used (e.g. cycling, scooting).

Physical activity at home

Pupils learning remotely also have the option of 30 minutes of physical activity at home.

We can only count one pupil journey or physical activity per pupil per day.

* Journeys to school and remote learners' journeys from home.

** At least 30 minutes.

Track your progress at

www.bigpedal.org.uk

Number of pupils each day:

	Cycling*	Scooting*	Walking/ wheeling*	Physical activity at home**
Day 1				
Day 2				
Day 3				
Day 4				
Day 5				
Day 6				
Day 7				
Day 8				
Day 9				
Day 10				

Big Pedal 2021

Record sheet



Supporters

Use this sheet to record the number of supporters taking part each day.

A supporter is an adult who takes an active journey to school. This includes parents and guardians accompanying a child to school actively (by bike, foot, wheelchair or scooter) and members of staff travelling to school actively.

When a child is learning remotely due to coronavirus, an adult accompanying a child on an active journey from home or joining in their daily physical activity counts as a supporter in the competition. One family supporter per child is allowed on each day of the challenge.

Staff members whose pupils are learning remotely due to coronavirus who take an active journey from home or do 30 minutes of physical activity count as supporters in the competition.

Number of supporters each day:

Cycling, walking, wheeling or scooting (to school or from home) or doing physical activity at home*

Day 1		Day 2		Day 3	
Day 4		Day 5		Day 6	
Day 7		Day 8		Day 9	
Day 10					

*Only count one supporter journey or physical activity per supporter per day.

Track your progress at www.bigpedal.org.uk

Class name/year group:

Find your final score and leaderboards at www.bigpedal.org.uk

Final score:

